



Get Brainiac Smart™
Accomplish Remarkably More Doing Less

Introduction for Susanna Goulder (Gool-der)

Would you like to be more productive? If you answered, “yes,” then you’re going to be glad you’re here!

Our speaker, Susanna Goulder, brings us a fresh, evidence-based perspective on how you can **get massively more done** [pause] **in less time**, [pause] **with less stress**.

When a side effect of brain surgery caused debilitating migraines, Susanna applied neuroscience strategies to help her keep up with her responsibilities and discovered that **the she was suddenly getting twice as much done in half the time.**

Today you will learn simple strategies **so you can accomplish remarkably more in less time too,**

Susanna is certified by the NeuroLeadership Institute and Ambassador for the Academy of Brain Health & Performance. In her previous career, she worked in the film business as a **set decorator**. Susanna was the original decorator for, [pause] “Sex & The City!”

An admitted chocoholic, and evidence in hand proving chocolate is a **brain booster**, Susanna thinks that it gives us, [add the name of your group], *the green light to eat chocolate every day!*

Please help me welcome: **Susanna (Gool-der) Goulder!**